



## CDC DEVELOPMENT U9 TO U12 M & F

### WINTER 2025/2026

#### Program description:

This program is open to **all players born between 2016 and 2013** who wish to improve their soccer skills, both **technically** and **athletically**, in a stimulating and supervised environment.

#### Supervision and structure

**Supervision:** Qualified educators

**Sessions:**

- 1 hour in the gym
- 1 hour 15 minutes at the Branchaud-Brière complex

#### Program objectives

- Technical** development (ball control, coordination, fundamental skills)
- Athletic** development (speed, agility, endurance)
- Reinforcement of **values essential** to playing soccer:
  - Pushing oneself to excel
  - High standards
  - Enjoyment
  - Respect and team spirit

#### Teaching approach

- **Group and individual learning**
- Groups are formed **according to skill level** at each session to encourage progress for everyone, regardless of their starting level

#### Program duration and practice day :

This program will begin :

- Autumn period: Tuesday, October 07, 2025 to Sunday, December 21, 2025 (inclusive)

and/or

- Winter period: Tuesday, January 06, 2026 to Sunday, March 29, 2026 (inclusive).

Year of birth	Practice day (Your choice)	Time	Practice location
U9/U10 Boy (2016/2015)	Tuesday	6 :10pm to 7 :10pm	DU MARAIS SCHOOL (200 rue du Marigot) <b>OR</b> DES CAVALIERS SCHOOL (120 rue Nancy-Elliot)
	Friday	6 :10pm to 7 :10pm	DU MARAIS SCHOOL (200 rue du Marigot) <b>OR</b> DES CAVALIERS SCHOOL (120 rue Nancy-



	<b>Sunday</b>	12 :15pm to 1 :30pm	COMPLEXE BRANCHAUD-BRIÈRE (499 boulevard Labrosse)
<b>U11/U12 Boy (2014/2013)</b>	<b>Tuesday</b>	7 :20pm to 8 :20pm	DU MARAIS SCHOOL (200 rue du Marigot) <b>OU</b> DES CAVALIERS SCHOOL (120 rue Nancy-Elliot)
	<b>Friday</b>	7 :20pm to 8 :20pm	DU MARAIS SCHOOL (200 rue du Marigot)
	<b>Sunday</b>	12 :15pm to 1 :30pm	COMPLEXE BRANCHAUD-BRIÈRE (499 boulevard Labrosse)
<b>U9 à U12 Girl (2016 à 2013)</b>	<b>Wednesday</b>	7 :15pm to 8 :15pm	DES CAVALIERS SCHOOL (120 rue Nancy-Elliot) <b>OU</b> DU MARAIS SCHOOL (200 rue du Marigot)
	<b>Sunday</b>	12 :15pm to 1 :30pm	COMPLEXE BRANCHAUD-BRIÈRE (499 boulevard Labrosse)

If a schedule is not full, the CSA reserves the right to group the children in another schedule.

### 💰 Pricing

Year of birth	Rate for 1 period (Autumn <b>OR</b> Winter)		Rate for 1 period (Autumn <b>AND</b> Winter)	
	1 practice	2 practices	1 practice	2 practices
<b>U9/U10 Boy (2016/2015)</b>	<b>\$185*</b>	<b>\$295*</b>	<b>\$295*</b>	<b>\$495*</b>
<b>U11/U12 Boy (2014/2013)</b>				
<b>U9 à U12 Girl (2016 à 2013)</b>				

\* The price shown corresponds to the program registration for the given period of dates. If your child did not play during the 2025 summer season, a **\$70 affiliation fee will be added to your registration.**

### 👟 Équipements:

Each registered player will receive:

- A pair of **socks**
- **Shorts**
- A **practice jersey**

To bring to each session:

- **Complete soccer uniform:** socks, shorts, jersey, mandatory shin guards
- **Appropriate footwear:**
  - ✓ **Soccer shoes without cleats** or **athletic shoes** for gym sessions
  - ✓ **Shoes with or without cleats** for sessions at the Branchaud-Brière complex
- **Personal water bottle**

### Conditions:

- The program is **open to all children** of the specified ages.
- It is subject to the **club's internal regulations** and **refund policy.**



- **Places are limited** based on the capacity of the gyms and the number of instructors available, in order to ensure a **safe environment** and **optimal coaching quality**, in accordance with Soccer Canada's recommendations.

 **Registrations:**

**Registrations will be made online via our website by credit card from Monday, August 11, 2025, depending on availability. \*\*.**

\*\* Online service fees are charged by the transaction provider based on the registration amount and are non-refundable.