



## Program Description Individualized

WINTER 2021/2022

### Presentation of the program and objectives

The objective of the individualized program is to develop the motor and technical skills of the players but also to provide knowledge on the specificity of soccer. This program is open to children born **between 2013 and 2005**.

### Program Content:

The program is open to groups of 1 to 4 players maximum to have a specific and precise content. The objective is the development of the player through demanding work.

### Rates

Practice day	Time	Place	Rate
Sunday	12 :15 to 1 :10pm	Branchaud-Briere complex, 499 boulevard Labrosse	<b>\$40*</b>

\* Rate for a practice

**PLEASE NOTE THAT THE VACCINATION PASSPORT IS MANDATORY FOR CHILDREN 13 YEARS AND OLDER.** Without this vaccination passport, a child will not be able to practice soccer.

### Equipment

Child must bring:

Soccer shoes, a pair of socks, shorts, a practice shirt, and a water bottle or gourd (personal and named).

### How to register

It will start on Sunday, October 10, 2021. You may register on any Sunday and pay \$40 per session.

You must send an email to the following address: **info@aylmersoccer.qc.ca**

If your child is not enrolled in a club program or has not been enrolled in the 2021 summer season, then an affiliation fee of \$52 will be charged (first registration only).

